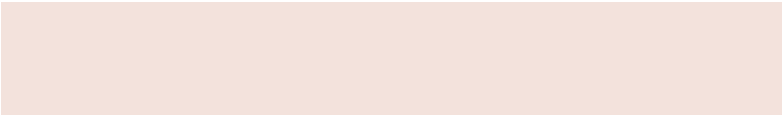


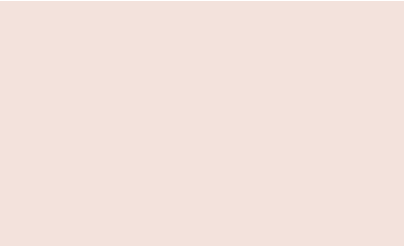
MONTH



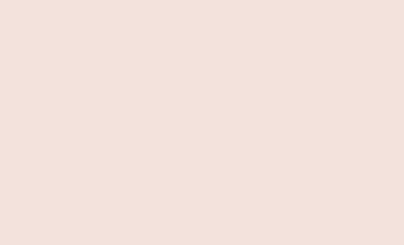
Supplements

Time

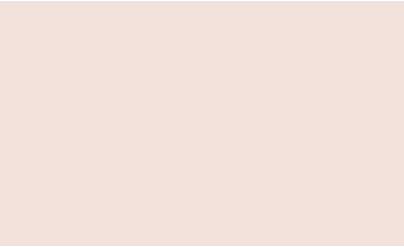
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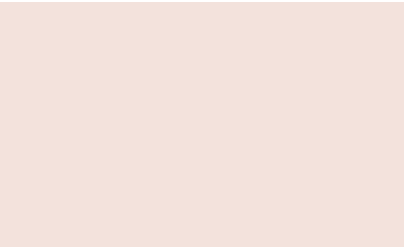
Grid for tracking supplement intake for the first supplement.



Grid for tracking supplement intake for the second supplement.



Grid for tracking supplement intake for the third supplement.



Grid for tracking supplement intake for the fourth supplement.

SUPPLEMENT TRACKER